



"Connecticut's Largest Running Club"



GREATER HARTFORD 1/4 MARATHON 04.03.10

MDC Reservoir, 1420 Farmington Ave. West Hartford, Connecticut
Registration from 8:30 a.m. – 9:50 a.m. / Race starts promptly at 10 a.m.

Proceeds Benefit the Blazeman Foundation

Unique Overall and Age Group Awards three deep in the following categories:

**13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
Athena (women 150lbs+) and Clydesdale (men 200 lbs+)**

- Accurately measured **6.55 mile** USATF Certified Course (CT07002JHP)
- Part of the **2010 & 2011 USATF/CT Grand Prix**
- Double loop course that features rolling terrain on paved trails around the reservoir and a down hill finish
- Electronic timing provided by Greystone Racing
- Water, GU2O and GU at the 3 mile mark
- Tons of great food, drinks and raffle prizes
- Custom Designed Long Sleeve T-Shirts for all Pre-Registered Runners
- **CUSTOM 1/4 MARATHON MEDALS FOR ALL FINISHERS**
- Field is limited to 500 runners so register early to ensure your spot
- Course Records
 - **Open:** Men - Dave Wishart – 34:18 (2008); Women – Shannon McHale – 39:09 (2008)
 - **Masters:** Men – Oscar Barreto – 35:20 (2008); Women – Mary Dolan Zengo – 41:21 (2008)



**Official GREATER HARTFORD
1/4 MARATHON
Registration Form 04.03.10**

- ___ \$20 **Hartford Track Club Members** pre-registering before 3/30/2010
___ \$26 **USATF/CT Members** pre-registering before 3/30/2010
___ \$28 **Non-Hartford Track Club Members** pre-registering before 3/30/2010
___ \$30 Register for the 1/4 Marathon **AND** Join the Hartford Track Club before 3/30/2010
___ \$30 **All Runners after 3/30/2010**

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone : _____ Male: _____ Female: _____

E-Mail Address: _____

Birthday: _____ Race Day Age: _____

USATF Team (and Team Number): _____

T-Shirt Adult Sizes: S M L XL

Athena (Women 150lbs+) / Clyde (Men 200lbs+): Yes / No

In consideration of the acceptance of my entry, I, I for my executors, my administrators, assignees and myself do hereby release and discharge the Hartford Track Club, any sponsors, their agents, employees and assigns from any and all claims arising out of my participation in the 2010 Greater Hartford 1/4 Marathon. I attest and verify that I have full knowledge of the risks involved in running a 6.55 mile event and that I am physically fir and sufficiently trained to participate.

Signature: _____ Date: _____
Parent Signature if Under 18

**Mail Completed Forms to: Kelly Burns * 962 South Main St #5 * Plantsville CT 06479
Make Checks Payable to "Hartford Track Club"**

Register on-line at www.active.com